



Friendship Heights

# VILLAGE NEWS



Pulitzer Prize winner  
Linda Greenhouse to  
speak at Village Center  
see page 5

JULY 2005

301-656-2797

VOLUME 20, NO. 2

## Asheville, Nashville in September

Grand homes, grand hotels and the Grand Ole Opry highlight our trip South as we visit Asheville, NC., Nashville, Tenn., and Lexington, Ken. **Tuesday Sept. 13 through Sunday, Sept. 18.** During our 5-night, six-day sojourn we'll tour Biltmore Estate, drive through the beautiful Smoky Mountains, visit Nashville— America's Music City also known as the Athens of the South— see the historic Ryman Auditorium, tour Andrew Jackson's Hermitage, take in a show at the Grand Ole Opry, visit a Shaker Village, overnight in Kentucky's horse country and enjoy lunch overlooking West Virginia's New River Gorge.

We'll depart from the Village Center Tuesday morning and arrive in time for a tour of Lee Chapel and Museum at Washington and Lee University in Lexington, Va. Then we'll have lunch in a 1820s setting at the Willson-Walker House. That evening we'll dine overlooking the mountains of North Carolina at the impressive Grove Park Inn. The inn, which will be our home for the two nights, is consistently ranked among the nation's top resorts. Furnished in arts and crafts style, the inn features fireplace lounges, waterfalls and a world-class spa.

After a sumptuous breakfast in the Blue Ridge Dining Room, we're off to Biltmore Estate, a 250-room French Renaissance-style chateau built by George Vanderbilt. Following lunch on your own at Biltmore, our guide will take us on a driving tour of Asheville, where we'll learn about some of the town's most famous residents, including Thomas Wolfe.

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## Celebrate the 4<sup>th</sup> at the Center

Join us for an old-fashioned Fourth of July at the Friendship Heights Village Center on **Monday, July 4, from 2 to 4 p.m.** The celebration takes place, rain or shine, at the Village Center.

Come enjoy Bows the Clown as she entertains with face painting, balloon sculptures, and her pet rabbit. Have your palm read and take a train ride around the block. There will be a free concert performed by the Jack Stanton Band and games and prizes for children. Feast on traditional Fourth of July fare including hot dogs, popcorn, snow cones, and cupcakes.

The Elizabeth Scull Community Service Award will be presented to Derick Berlage, chairman of the Montgomery County Planning Board. Community Service Awards will be presented to Sarah Sandstrom, Sydel Sandy, Joel Williams, and Kay Greene. During the celebration, we'll take a moment to honor the Village's military veterans.



## 'The Lion King:' feel the love

Bring the family and experience the phenomenon of "The Lion King" at the legendary Hippodrome Theatre in Baltimore on **Sunday, Aug. 7.**

This stage adaptation of Disney's animated film is visually stunning, technically astounding and has a musical score like none other you've ever heard. Giraffes strut, birds swoop, gazelles leap— the entire Savannah comes to life. It is the story of young lion prince Simba, his father King Mufasa, and the evil Scar who plots to kill them both. Tim Rice and Elton John's hugely successful musical won six Tony Awards on Broadway.

The dazzling co-star of this trip is the beautifully restored Hippodrome Theatre. It opened in 1914 as a movie palace that also showcased vaudeville performances. The

continued on page 12

Camp Friendship... see page 2

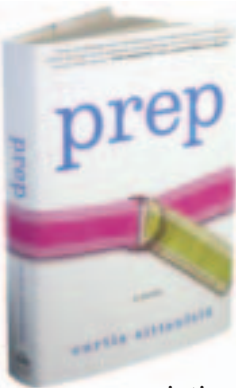
# CHILDREN'S PROGRAMS

## Camp Friendship means fun

Looking for something fun for the kids this summer? Camp Friendship offers puppets, pizza, pool parties and creative crafts. Pre-school children ages 2 through 8 years of age are invited to join in the fun at Camp Friendship, a summer camp featuring arts, crafts, music and more. The week-long program begins **Monday, July 18 and continues each day through Friday, July 22.** Each session begins at 10:30 a.m. and ends at 12 p.m. Children and their parents or guardians are invited to bring a picnic lunch to enjoy from noon to 12:30 p.m. Events will include a pizza and pool party, crafts days and a special finale.

Children must be accompanied by a parent or caregiver.

The cost is \$35 per child for all five sessions. Sign-ups begin immediately at the Village Center. Sign up early because this camp fills up fast.



## Holden Caulfield in pink and green

Curtis Sittenfeld, author of the very popular *Prep: A Novel*, will discuss her book at the Village Center on **Tuesday, July 12, at 7:30 p.m.**

Curtis Sittenfeld's poignant coming-of-age debut novel is the story of an Indiana teenager who wins a scholarship to a posh East Coast boarding school.

*The New Yorker* described *Prep* as "hilarious and excruciating" and *The New York Times* (it was an "Editor's Choice") wrote, "Sittenfeld's dialogue is so convincing that one wonders if she didn't wear a wire under her hockey kilt." You don't have to be an adolescent to appreciate this intelligent and beautifully written book.

Ms. Sittenfeld was the 2002 - 2003 writer-in-residence at St. Albans School in Washington, D.C., where she continues to work as a part-time English teacher. Winner of the *Seventeen* fiction contest at the age of sixteen, her writing has appeared in several magazines and newspapers including *The New York Times* and *The Washington Post*.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.



## Friendship Heights VILLAGE NEWS

[www.erols.com/friendshiphtsvillage](http://www.erols.com/friendshiphtsvillage)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the August issue is July 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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# ON the GO...

## It's more than just a supermarket!

Anyone from the state of New York knows Wegmans stores. These specialty grocery stores have been around since 1915 and are ranked by Consumer Reports as the country's second-best supermarket chain. Now Wegmans has moved to our area. See it for yourself when we visit the new Sterling, Va. store on **Saturday, Aug. 13.**

Features in the store include a deluxe sushi bar and market café; a cheese shop with 500 varieties from all over the world and produce from 600 farmers; a wood-fired brick oven and cappuccino bar; a fun center where children can play while parents shop and couches for those ready to drop. Don't know how to prepare the fish you just bought? Chefs conduct three cooking classes a day in the store (clerks at the meat and seafood counters will be happy to give you ice for your purchases for the ride home). The store carries 60,000 different items, including wine, organic produce, European breads, and a kosher deli.

We will leave the Village Center at 9:30 a.m. and return by 1:30 p.m. The cost for transportation and driver gratuity is \$24. Residents may sign up immediately; nonresidents may sign up July 15. There are 45 spaces available.

## A day in Atlantic City

Try your luck when we travel to the Trump Plaza Casino in Atlantic City on **Wednesday, July 27.**

We'll have six hours at the casino— plenty of time to hit the jackpot!

We will leave the Friendship Heights Village Center at 8 a.m. and should be home by 10:30 p.m. There will be one rest stop on the way up and one stop for a fast-food dinner in the evening (on your own). The cost is \$29 and you will receive \$15 in coins and a \$5 food coupon when we arrive at the casino. Sign-ups for residents and one resident guest begi immediately at Center. Nonresidents may sign up beginning July 15. There are 50 seats available. **Nobody under the age of 21 will be allowed on the bus. We will leave the casino promptly at 6:30 p.m.**



## A lovely musical under the stars

Enjoy an evening at Wolf Trap when we attend a performance of Lerner and Loewe's classic, "My Fair Lady," on **Tuesday, Aug. 30.**

This spectacular show is the musical adaptation of George Bernard Shaw's 1912 play "Pygmalion" and tells the story of Professor Henry Higgins who wagers that he can transform unrefined flower girl Eliza Doolittle into a lady. It includes the standards "I Could Have Danced All Night," "On the Street Where You Live," "The Rain in Spain," "I'm Getting Married in the Morning," and "I've Grown Accustomed to Her Face."

We will leave the Village Center at 7 p.m. and return around 11 p.m. The cost is \$64, which includes transportation, a ticket in the front Orchestra (at a 10 percent discount), and the driver gratuity. Residents may sign up immediately; nonresidents may sign up July 9. **The deadline to sign up is August 8.** There are 29 tickets available.

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## Crack into a few crabs at our feast

Continue our summer tradition with a hot, steamed Old Bay- seasoned crab from the Chesapeake Bay as Friendship Heights hosts its annual Village Crab Feast at the Center on **Sunday, July 24, from 6 to 7:30 p.m.**

This all-you-care-to-eat feast features delicious crabs from Bethesda Crab House. We'll also have corn-on-the-cob, creamy coleslaw and mouth-watering barbecued chicken. If you're over 21, you can wash it all down with an ice cold beer—or just enjoy cold sodas. Then indulge in brownies a la mode. So grab a mallet and a group of friends or just come on your own. Bring a big appetite—we'll provide the hammers.

The cost is \$31. Sign ups for residents and their guests begin immediately at the Village Center. Each resident may bring three guests. Nonresidents may sign up starting July 7. For information, call the Village Center at 301 656-2797.

## Asheville/Nashville Trip, cont. from page 1

Then it's back to the Grove Park to relax until a dinner and wine-tasting at The Grape Escape in downtown Asheville. The following morning we'll depart Asheville and arrive at our home for the next two nights, the extraordinary Opryland Resort in Nashville. Our Atrium level accommodations will feature views of one of the three indoor gardens. One garden, the Delta, has its own river, which is large enough to carry passengers on flat boats. That evening, we'll enjoy a progressive dinner and tours at two historic homes in Nashville. Dinner will be served at Travellers Rest Plantation, a 1799 Federal-style farmhouse that offers a glimpse of how wealthy Nashvillians lived in the early 19th century. Dessert will be served at Belmont Mansion, the 1850s summer home of Joseph and Adelia Acklen. The beautiful and aristocratic Mrs. Acklen is said to have been a model for Margaret Mitchell's Scarlett O'Hara.

The following morning, we'll explore downtown Nashville with our local guide and visit the legendary Ryman Auditorium, the home of the Grand Ole Opry from 1943 to 1974. The building, originally the Union Gospel Tabernacle, became a popular venue for theatrical and musical performances and political rallies. Arthur's, in the historic Union Station Hotel, is the setting where

continued on page 11



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## VILLAGE CLASSIFIEDS

### Help Wanted

Full time bookkeeper for the Elizabeth Condominium in Friendship Heights. Working knowledge of QuickBooks Pro required. Work will include: AP, AR, PR, General Ledger, Data Entry and production of monthly financial reports. Job will require good communication skills and interaction with residents and staff. Excellent benefits package provided. Send resume to: The Elizabeth Condominium, 4601 North Park Ave., Chevy Chase, MD 20815.



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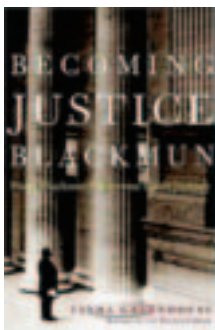
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## Pulitzer Prize winner to speak at Village Center

Linda Greenhouse, correspondent for *The New York Times* and America's preeminent Supreme Court reporter, will discuss her book, *Becoming Justice Blackmun*, at the Village Center on **Thursday, July 14, at 7:30 p.m.**



Justice Harry A. Blackmun, who served on the court from 1970 to 1994, is best remembered as the author of the most controversial decision of his era, *Roe v. Wade*. Appointed by Richard Nixon, Justice Blackmun became the Supreme Court's most liberal justice after the retirement of William Brennan and Thurgood Marshall.

Ms. Greenhouse was the first print reporter to have access to Justice Blackmun's extensive archive and his private and public papers. She has covered the Supreme Court for *The Times* since 1978 and won a Pulitzer Prize in 1998 for her coverage of the court. She appears regularly on the PBS program "Washington Week in Review."

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.

## A love affair with Israel

Maurice Atkin, a resident of the Town of Somerset, will discuss his memoir, *Life's Voyage: Dedicated to Making a Difference*, at the Village Center on **Monday, July 11, at 1 p.m.**

In 1948, one day before the state of Israel was declared, Mr. Atkin quit his job as an economist for the Department of Agriculture to become agriculture adviser and executive officer at the Israel Embassy. In the years following, Mr. Atkin came to know some of the most remarkable Israelis in the Jewish state's history.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book will be available for sale. The Foundation for Fighting Blindness will receive \$5 from each book sold.

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## Embedded in Iraq

When military forces invaded Iraq in March 2003, 600 journalists were "embedded" with the troops.

Katherine Skiba, a reporter and photographer, was the sole female civilian among the 2,300 soldiers of the 159th Aviation Brigade, whose pilots flew Black Hawk and Chi-

nook helicopters into the thick of battle. She will discuss her riveting memoir, *Sister In The Band Of Brothers: Embedded With The 101st Airborne In Iraq*, at the Village Center on **Thursday, July 28, at 7:30 p.m.**

Ms. Skiba, the *Milwaukee Journal Sentinel's* Washington correspondent, had already covered such global hot spots as the Gaza Strip, Kosovo, and the Soviet Union when she took the assignment to go to Iraq. She was one of only 60 female reporters to go to Iraq. Her daily dispatches were a vital lifeline between the troops and their families and earned her a grateful national audience. And her book gives a no-holds-barred account of war's grim reality.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.

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# PLAYING on the BIG SCREEN

*Movies now begin at 7 p.m.*

## **Thursday, July 7, 7:00 p.m. — Beyond the Sea.**

Kevin Spacey serves as both star and director of this biopic based on the life and career of legendary entertainer Bobby Darin. Born Bobby Cassotto and raised in the Bronx, Bobby contracted a severe case of rheumatic fever at 15, which left him with a weak heart. He learned to play several instruments and began to sing as he recovered. After a string of rock and roll hits, he reinvents himself as a supper club vocalist, then takes up acting. Kevin Spacey did his own signing for this

part. Also stars Kate Bosworth, Bob Hoskins and John Goodman. Rated PG-13. Running Time: 118 minutes.

## **Thursday, July 14, 7:30 p.m. — Booksigning with Linda Greenhouse. See page 5 for details.**

## **Thursday, July 21, 7:30 p.m. — Café Muse. See page 14 for details.**

## **Thursday, July 28, 7:30 p.m. — Booksigning with Katherine Skiba. See page 5 for details.**



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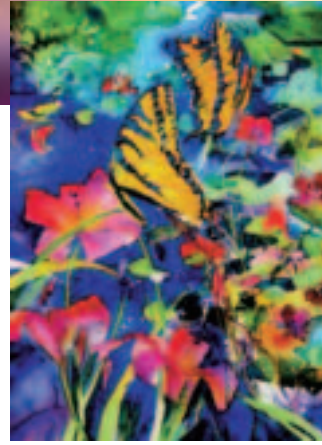
# FRIENDSHIP GALLERY

## Three cheers for area artists

You are invited to visit Friendship Gallery and see "Three Cheers for the Red, White, and Blue - A Celebration of the Fourth of July." This multi-media juried exhibit, sponsored by the Village of Friendship Heights and open to all area artists, will run through the month of July. Its patriotic themes are inspired by parades, family gatherings, picnics, fireworks, and heroes. The exhibit is held in conjunction with the annual celebration at the Village Center. All are invited to meet the artists at a reception on **Sunday, July 10, from 11:30 a.m. to 1:30 p.m.**

Prizes will be awarded for first-, second-, and third-place as well as

Honorable Mention. Winners will be selected by exhibit juror, David Daniels. Mr. Daniels is an accomplished watercolorist who teaches painting at Montgomery College, the Smithsonian Institution, and privately in his Silver Spring studio. He has been involved with such art-related activities as the Boat House Art School of Washington, DC, where he was the director for two years; the Hirshhorn Museum and Sculpture Garden Docent Program; and he has affiliations with numerous art organizations and associations.



Watercolors by David Daniels

The exhibit begins July 2 and runs through July 30. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m.; Friday, 9 a.m. to 5 p.m.; and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.

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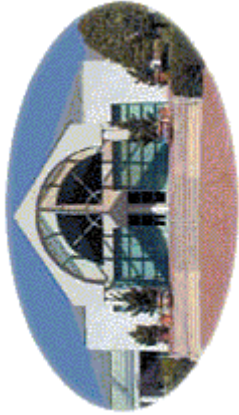
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Friendship Heights  
Village Center



Calendar  
of Events

2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
J	U	L	Y			

Handling your finances

Tanya Dabik, a financial advisor with American Express, will speak at the Village Center on **Tuesday, July 12, at 10 a.m.** Topics will include: investment strategies, minimizing tax liabilities, and estate planning. The event is free, but please let us know you are coming by calling 301-656-2797.

3	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	4	2-4 p.m.: Fourth of July Celebration 	5	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	6	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Mariachis de los Compadres	7	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: Beyond the Sea	8	10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Performance: “Oliver” 1 p.m.: Drop-in Bridge	9	8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
10	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	11	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Maurice Atkin, Life’s Voyage 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING	12	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Financial Planning seminar 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6:45 p.m.: Drawing and Painting 7:30: Book signing with Curtis Sittenfeld	13	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: Cold or Sinus Infection? 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Caje Trio	14	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30: Book signing with Linda Greenhouse	15	10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	16	8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
17	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	18	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Camp Friendship 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	19	8:15 a.m.: Walking Club 10:30 a.m.: Camp Friendship 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	20	9:15 a.m.: Fit-4-Ever 10:30 a.m.: Camp Friendship 10:15 a.m.: Yiddish 3 p.m.: Improving Your Quality of Life 7:30 p.m.: Concert: Eric Hutchinson	21	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:30 a.m.: Camp Friendship 11:30 a.m.: Bones for Life 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Café Muse	22	10:30 a.m.: Coffee and Current Events 10:30 a.m.: Camp Friendship 1 p.m.: Drop-in Bridge	23	8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
24	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 6 - 7:30 p.m.: Crab Feast	25	9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	26	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	27	8 a.m.: Depart for Atlantic City 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Squeeze Bayou	28	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30: Book signing with Katherine Skiba	29	10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	30	8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
31	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers												

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND CONCERT

July’s special lunch, prepared by Dwight Robinson of Brighton Gardens, will be held on **Friday, July 8, at 12:15 p.m.** The menu will include tomato salad, stuffed peppers, garlic mashed potatoes, baby carrots, and lemon cake for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve your seat by Wednesday, July 6.  
After lunch, please stay to enjoy a special cabaret production of “Oliver” performed by the Southeastern Theatrical Productions. Veteran actor Buren Martin and his troupe will reprise the roles of Fagin, Nancy, Bill Sykes, Oliver and the Artful Dodger. The Martins have performed in several off-Broadway shows in New York and have toured in nearly every state in the country.



# CLASSES and CLUBS

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.  
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

## NEW CLASSES

### BONES FOR LIFE (Daytime)

This class is based on Moshe Feldenkrais's teachings. Improve posture, stability, and flexibility and give your bones what they need for health. Again this session: lessons while seated for those who spend long hours at computers or are just not comfortable on floor mats. The 4-week series meets Thursdays from 11:30 a.m. to 1 p.m. Cost is \$40. Begins July 7. The instructor, Hedy Ohringer, is certified in the Feldenkrais method and Bones for Life. Classes are designed for new and returning students. Session ends July 28.

### BONES FOR LIFE (Evening)

See description at left. The 4-week series meets Thursdays from 7 to 8:30 p.m., Cost is \$40. Begins July 7 and ends July 28.

### CHINESE BRUSH PAINTING

A 10-week class taught by Helene Sze McCarthy begins July 28. Meets Thursdays from 1 to 3 p.m. Cost is \$80. Session ends September 29. A minimum of 6 students is required; the maximum is 10.

### MAT PILATES

A 6-week session begins July 19. Meets Tuesdays from 7 to 8 p.m. The cost is \$65 for residents and \$75 for nonresidents. Pilates is not

recommended for pregnant women or those who have compromised spinal conditions. Instructor Ginger Russell has been certified in Pilates Matwork Exercises by the *PhysicalMind Institute*. Please bring a Pilates/Yoga mat and bath towel. Session ends August 23. (Maximum number of students is 15)

### PORTRAITURE IN PENCIL AND PASTEL

This 6-week class is taught by Marianne Winter and begins July 27. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Ms. Winter is an award-winning artist



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and photographer. Please bring a pad and pencil or pastel to the first class. The cost is \$60. (Maximum number of students is 8). Session ends August 31

#### **TAI CHI (Tuesday)**

This 6-week session begins August 2. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends September 6.

#### **TAI CHI (Thursday)**

This 6-week session begins July 28. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends September 1.

## **ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES**

### **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

### **SCRABBLE**

This active group of Scrabble players meets at the Center every Thursday, beginning at 6:30 p.m.

### **WALKING CLUB**

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahres at 240-497-0050, for more information.

## **Asheville/Nashville Trip**, continued from page 4

we will enjoy an elegant four-course luncheon. Next, we're off to tour The Hermitage, the home of President Andrew Jackson. The tour offers insight into one of America's most interesting presidents as well as a look at life on a 19th-century plantation.

You'll have time to relax at the Opryland Resort in the afternoon, before we gather to enjoy an evening performance of the *Grand Ole Opry*.

A typical Opry performance features a mix of country music legends, today's top stars, and up-and-coming new artists. More than just traditional country music, the Opry includes bluegrass, gospel, Cajun, western-swing and comedy. It promises to be an evening to remember.

continued on page 14

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# CONCERTS

*Concerts are performed Wednesdays, from 7:30 to 8:30 p.m., in Hubert Humphrey Park. In case of inclement weather, concerts will be performed in Huntley Hall.*

**Wednesday, July 6 — Mariachis de los Compadres.** Mariachi de Los Compadres has been entertaining the East Coast for over 16 years with Mexico's best loved music. Wearing colorful, authentic Mariachi costumes, the band plays traditional instruments: the bihuele, guitarron, trumpets, guitar, violins and harp. Performance credits include the White House, president Reagan's Inaugural Ball, numerous government special events, various Smithsonian venues and hundreds of private events.

**Wednesday, July 15 — Cajé Trio.** Caribbean Arts Central offers the finest of steel-drum mini ensembles. CAJE Trio features Steel drums and keyboards, with bass and/or percussion for just the right Caribbean mood. Caribbean keyboardist and composer David Boothman weaves an authentic musical tapestry with the finest steel-drum musicians in the Mid-Atlantic area. The group has performed in numerous venues including the National Press Club and the Smithsonian Institution. National appearances include the Cape May Jazz Festival and BET's "Jazz in the Sun" in Barbados.

**Wednesday, July 22 — Eric Hutchinson.** Eric has spent the last few years showcasing his gift for intelligent pop music to audiences all across the country. He has played more than 75 colleges in the past two years alone, performing from Spokane, Washington to Orlando, Florida and everywhere in between. He's opened shows for great artists such as Rachael Yamagata, Bob Schneider, David Mead, Marshall

Crenshaw, Jonatha Brooke, Ari Hest, and Stephen Kellogg. Relying only on the power of the internet and venue sales, Eric has sold almost 5,000 copies of his self-distributed first CD, "That Could've Gone Better."

**Wednesday, July 29 — Squeeze Bayou.** Squeeze Bayou plays exciting Cajun dance music from Southwestern Louisiana with a dash of Zydeco thrown in. The band plays lively two steps and soulful waltzes, as well as music that blends many styles including country, blues and Creole. The musicians in the band. Including Karen Collins, Matt Levine, Fred Feinstein, Kevin Enoch, David Lopez and Brian Simms, have been performing for more than 20 years. In 1998, the band received the "Prix Dehors de Nous," known as the "Cajun Grammy" for the best recording by a Cajun band outside of Louisiana.



**Lion King**, continued from front cover.

theatre seated 3,000 and in 1920 the average weekly attendance was 30,000. The Hippodrome gained a reputation as a top vaudeville house in the 30's, presenting such notables as Bob Hope, Jack Benny, Red Skelton, Benny Goodman, Dinah Shore, and Milton Berle. It was where Frank Sinatra first appeared with the Tommy Dorsey Orchestra and later with Harry James' band. It was one of the first stages to present Vaudeville and motion pictures combined and maintained a house orchestra at the theatre well into the 1950's. It closed in 1990 when it was the last operating movie theatre in downtown Baltimore. Now the curtain rises again at the Hippodrome after a lengthy restoration.

The cost for the trip is \$110, which includes transportation, seats in the balcony (there is an elevator), and driver gratuity. We will leave the Village Center at 11:30 a.m. and return around 5 p.m. Residents may sign up immediately; nonresidents may sign up July 9. There are 21 tickets available.

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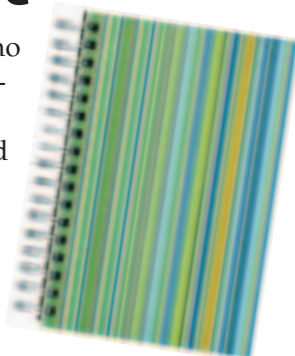
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# TO YOUR HEALTH

## Improving your quality of life

Kathy Ward is a Recreation Therapy Consultant who has spent 10 years studying ways to improve cognitive and motor skills, decrease depression and anxiety, adapt to changes brought on by illness, and improve relationships with family and friends. She will present her findings in a discussion at the Village Center on **Wednesday, July 20, at 3 p.m.** She will also discuss the use of journals to design emotional, creative and spiritual wellness.



Kathy is a faculty member of the Washington Geriatric Education Center Consortium, co-founder of WEL (World Elder Land), the author of *Wellness for a Better Life* and *A Meaningful, Inclusive and FUN Recreation Program for Elders in Independent and Assisted Living*. A resident of Friendship Heights Village, she was scheduled to give this talk at the Center on April 20 but was forced to cancel after being severely injured by a hit-and-run driver. She now has added perspectives on the "quality of life." Please call the Center at 301-656-2797 to let us know you are coming. There will be a drawing for a signed copy of *Wellness for a Better Life*.

## Is it a cold or a sinus infection?

Often it's difficult to distinguish allergies, colds, and flu from other conditions, and it is frequently unclear when we should see a doctor. At this month's Suburban Lecture on **Wednesday, July 13, at 1 p.m.**, Dr. John Casler of the Washington Ear, Nose and Throat Group will help you make sense of an array of symptoms and identify their causes. He will discuss medications and other treatments that are available for a wide range of sinus problems.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

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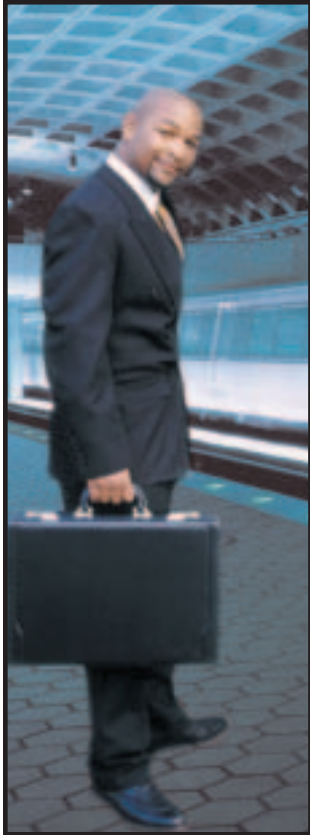
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## Cafe Muse presents...

This month's Café Muse, on **Thursday, July 21, at 7 p.m.**, presents Puerto Rican poet Naomi Ayala and Canadian poet James Deahl.

Naomi Ayala is a poet, educator, and community activist. She is the author of *Wild Animals on the Moon*, selected by the New York City Public Library as one of 1999's Books for the Teen Age. Her poetry has appeared in numerous anthologies and journals in the US and beyond.

James Deahl is the author of 15 poetry titles, most recently, *When Rivers Speak* (2001). He has won awards in the United States, Canada and Japan, including the Charles Olson Award for Achievements in Poetry.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

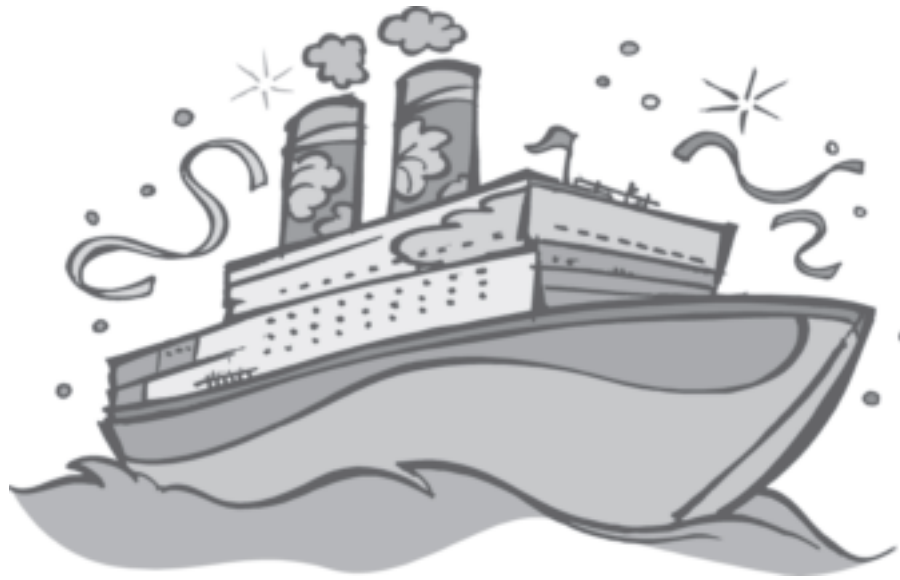
## Asheville/Nashville Trip, continued from page 11

We'll depart from Nashville following breakfast and travel to Kentucky's Bluegrass region and the Shaker Village of Pleasant Hill. The village has 27 restored buildings of frame, brick and stone built between 1805 and 1859 by members of the Shakers. We'll be treated to a Shaker musical performance before a luncheon and tour of the grounds.

We'll then travel to Lexington, Ken., where that evening, we'll stay at the Griffin Gate resort. Surrounded by the rolling green meadows of Kentucky's Bluegrass Country, the Griffin Gate Marriott Resort in Lexington welcomes guests with a tradition of gracious Southern hospitality.

After breakfast, we'll take the road home through scenic West Virginia. We'll stop for lunch at Hawk Nest State Park, where the dining room overlooks the gorgeous New River Gorge. We should arrive home about 8 p.m.

The cost of this fully-escorted trip, which includes transportation, five nights deluxe accommodations, five breakfasts, four lunches, three dinners, admission to Biltmore, the Ryman Auditorium, Travellers Rest, Belmont, The Hermitage, Shaker Village, ticket to the Grand Ole Opry, and a ride on a Delta River Flatboat inside Opryland, tour guide services, all baggage handling and taxes and gratuities, is \$1259 per person double occupancy; the single supplement is \$420. Sign-ups begin immediately. A deposit of \$500 is required at sign-up. The balance is due August 11. The deadline to sign up is Thursday, July 21. Full refunds are available until July 21. Cancellations after July 21 are subject to penalties.



## Set Sail for Fine International Cuisine *at Brighton Gardens of Friendship Heights*

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### **CRUISE SCHEDULE**

**5:00pm-7:00pm**

July 14

**Hawaiian Luau**

August 11

**American**

September 8

**African**

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# Village Council Corner

## Property Tax Appeals

Per the Council resolution on May 2, 2005, the Village attorney reviewed the validity of the disproportionately high land values placed on condominium units during the recent re-assessment of Village property. He agreed with the Council's position that the values were difficult to support in light of the land values placed on rental apartment buildings—both in total dollars and in proportion to the total land and improvement values. Although the assessment office followed the statutory requirements of valuing land and improvements separately, since the land values were not based on an independent appraisal of the actual market value of the land itself, he felt that total assessed valuations may or may not be reduced if an owner prevailed in getting the State to reduce the land value.

The Council will continue to seek legal opinions on issues that may have a significant effect on the rights of Village taxpayers.

Appreciation is expressed to the State of Maryland Department of Assessments and Taxation for allowing Village property owners to meet with the assessors at the Village Center rather than at its Rockville offices.



## New Shuttle Bus for the Village

Our new shuttle bus is expected to arrive shortly. The new bus will feature a special "kneeling" floor for easy access.

Council actions at the June 13 public session:

- Selected community service award winners to be presented at July 4 celebration;
- Approved proposal from Center maintenance contractor for increase to provide raise to full-time maintenance employee;
- Met in executive session under Section 10-508(a)(1)(i) of the Maryland State Code to discuss personnel issues.



*Friendship Heights*

## VILLAGE NEWS

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**July 2005 events calendar**